



Adas Yeshuron Synagogue

A Message from Rabbi Solochek

DONATIONS TO AIO FOOD PANTRY: WE HAVE A MATCH!

At our Passover seders, we said, "let all who are hungry come and eat!" Many of us are fortunate to have our tables and pantries filled with food, and not wonder where our next meal comes from. Yet we know that is not the reality for many of our neighbors. 13% of Mainers live in food insecurity and rely on organizations like the AIO food pantry to ensure their families can eat.

When I tell people about Adas Yeshuron, I tell them that in our entryway there's always a bin to collect food. Each time we enter the sanctuary to pray, we are first reminded to care about the vulnerable people in our towns. The Torah teaches us to open our hearts and our hands to one another, and to never turn away a hungry person.

In this moment we cannot bring cans of food and we might even forget sometimes about that food collection bin. But we know the loss of work

and economic challenges of the Coronavirus have made it even harder for some people to make ends meet, and we know that tonight there are empty tables across the state.

An average meal in Maine costs only \$4. Every donation, big or small, makes a difference. Even \$5 will make a difference for your fellow Mainers.

Adas Yeshuron is proud to announce that **we've secured matching donations of up to \$1000** for donations to the AIO food pantry. **Please send your checks marked "hunger" or "food pantry" to the synagogue to double your impact!**

Rabbi Lily Solochek



Shabbat Worship

Join us for Shabbat services led by Rabbi Lily Solochek. Even though we are far apart, we can still connect for the warmth of Shabbat together.

Saturday, April 25, Shabbat morning services, 10:00 a.m.

Join Zoom Meeting: <https://us02web.zoom.us/j/868913940>

Morning Prayer and Check-In

Monday- Friday, 8:00 a.m. and Sunday, 9:30 a.m. on zoom

Rabbi Solochek will lead a brief morning service to help our community stay connected.

For the foreseeable future we will continue to meet **Monday-Friday at 8-8:20 a.m.**, and **Sunday 9:30-10 a.m. EST**. We invite you to join as often as you want.

NEW zoom link for Community Check

in: <https://us02web.zoom.us/j/85025836840>

or call: 929-205-6099 and enter Meeting ID: 850 258 36840

Followed by a check in. Bring your coffee.



Do you need anything?

Please contact the office if you are impacted by needing to stay inside, and require help with getting food, or other errands. Our Hineni Committee can help.

Or let us know if you would like a call from Rabbi Solochek.

While the office is closed, Lenora and Gail are checking email and phone messages. We are happy to pass along your requests.

How To Use Zoom

You can access Zoom either from a computer or phone. Each synagogue event that uses Zoom will have a specific link and phone number listed in the description.

On a computer, click the link provided for the event. The first time you use Zoom it will ask to download onto your computer; say YES. Click the link again and you will be taken to the meeting. Your webcam and microphone will allow you to see and speak to the other people on the call.

On a phone: dial the toll-free number and enter the Meeting ID when prompted. This will allow you to hear and speak to others on the call.

Need a visual? Here is a short video about using Zoom for the first time: <https://www.youtube.com/watch?v=9isp3qPeQ0E>

Find us on 

Connect with Adas Yoshuron on FaceBook

A great way to stay connected with our community is on FaceBook. Our page posts frequent updates, information, statewide resources,

and much more.

Click the link below to connect!

Like us on [FaceBook](#)



Contact our office:

info@adasyoshuron.org

We hope you like receiving our emails. However, you can always [unsubscribe from this list](#).

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The office will not be open to the public, but we are responding to emails and voicemails.

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